UNIVERSITY HEALTH WIC
COMMUNITY RESOURCES LIST

UH WIC SERVICES

uhwic.org

Charlotte St	816-404-0650
Independence	816-404-6460
Grandview	816-404-6580
Raytown (Mon)	816-404-6135

816-404-4WIC

University Health Services

	UHTMC	UHLMC
Main #s	816-404-1000	816-404-7000
Social Work	816-404-3200	816-404-9305
Birth Place	816-404-0350	816-404-8240
Primary Care	816-404-4862	816-404-7650
Behavioral Health	816-404-5709	816-404-6170

Financial Counseling	816-404-3000
Transportation	816-404-3375

University Health Community Care Clinics

Grain Valley	816-404-6785
Raytown	816-356-1000
Fairmount	816-404-5770

Local Health Departments

Jackson County	816-404-6415
Cass County	816-380-8425
Clay County	816-595-4200
Kansas City	816-513-6008

Missouri Department of Social Services

dss.mo.gov

Health Care: 855-373-9994 or Apply online

SNAP: Apply online

Temporary Assistance: Apply online

Family Support Division Information Center:
855-373-4636

Behavioral Health Referral Information

Comprehensive Mental Health Services	816-254-3652
Crittenton Children's Center	816-765-6600
Heartland Center for Behavioral Change	816-421-6670
ReDiscover	816-966-0900

Pregnancy Services

LIGHT House	816-916-4434
Mother's Refuge	816-853-8070
Resource Health	816-921-5050

Planned Parenthood plannedparenthood.org

Independence	816-252-3800
Kansas City	816-756-2277

Breastfeeding Resources

National Breastfeeding Helpline 800-994-9962

UH WIC Breastfeeding Helpline 816-404-BFPC

La Leche League lelecheleague.org

USDA WIC Breastfeeding Support
wicbreastfeeding.fna.usda.gov/

Ready, Set, Baby
readysetbabyonline.com

Postpartum Support International

1-800-944-4773 postpartum.net

Dental Care

University Health	816-404-6885
Children's Mercy	816-234-3257
UMKC School of Dentistry	816-235-2100
Samuel Rodgers	816-474-4920
Seton Center	816-581-4731
Swope Health Central	816-923-5800
ABC Dental	816-461-0055
True Dental Group	816-461-6911
Priority Dental	816-257-3720
Hello! Pediatric Dentistry	816-622-2843
Sweet Tooth	816-355-8068

Substance Abuse Referral Information

Alcoholics Anonymous Kc-aa.org	816-471-7229
TIES (Team for Infants Exposed to Substance Abuse)	816-960-8400
First Call	816-361-5900
MO Tobacco Quit Line	800-784-8669
New Vision	816-235-8162

Missouri Suicide & Crisis Lifeline

Call or Text 988

United Way

Dial 211 or visit unitedwaygkc.org

United Way 2-1-1 has a comprehensive database of local community resources—basic needs such as food, clothing and shelter, or more complex issues such as health care, etc.

Missouri Family Resources

familyresources.mo.gov

Search and connect to resources, community programs, and childhood services for families with young children.

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Emergency Assistance: Food, Clothing, Housing, Etc.

American Red Cross	816-931-8400
Bishop Sullivan Center	816-231-0984
Catholic Charities	816-221-4377
City Union Mission	816-474-9380
Community Linc Transitional Housing Program	816-531-3727
Community Services League	816-254-4100
Crossroads Homeless Shelter	816-461-1093
Della Lamb Community Service	816-842-8040
Guadalupe Center	816-421-1015
Housing Authority	816-968-4100
ReStart	816-472-5664
Salvation Army	
Independence	816-252-3200
Kansas City	816-756-2769
Sheffield Place	816-483-9927
Metro Lutheran Ministry	816-931-0027
Harvesters harvesters.org	816-929-3000
UH One World Pantry	816-404-6325

Child Abuse

Child Abuse and Neglect Hotline	800-392-3738
Child Abuse Prevention Association	816-252-8388
Child Protection Center	816-778-8000
The Children's Place	816-363-1898

Domestic Violence/Sexual Abuse or Assault

Domestic Violence Hotline	800-799-7233
Hope House	816-461-4673
MOCSA Crisis Line	816-531-0233
(Metropolitan Org.to Counter Sexual Assault)	
Newhouse	816-471-5800
Rose Brooks Center	816-861-6100

Military Resources

Veterans Crisis Line
1-800-273-8255 press 1 or text 838255

Missouri Benefits and Resource Portal
573-522-4061 veteranbenefits.mo.gov

U.S. Department of Veterans Affairs (VA)
800-698-2411 va.gov

Head Start

marcheadstart.org
For enrollment information contact your local school district.

Parents As Teachers

parentsasteachers.org
For enrollment information contact your local school district

Childcare Services

Della Lamb Community Service	816-842-8040
Operation Breakthrough	816-756-3511

Adult Education

Literacy KC	816-333-9332
Don Bosco	816-418-7799

Missouri Adult Education and Literacy
www.dese.mo.gov/adult-community 573-751-1249

Employment

Full Employment Council	816-471-2330
Job Corps	800-733-5627

Women's Employment Network
816-822-8083

Additional Resources

Heartland DNA Services	816-795-5599
Baby Grace	816-508-5176

Happy Bottoms
855-479-2867 Happybottoms.org

Sleepyheads Beds
816-547-9965 sleepyheadbeds.org

Find a Crib
cribsforkids.org

Charlie's House
Prevent accidents and injuries to children in and around the home.
charlieshouse.org

uhwic.org 816-404-4WIC

This institution is an equal opportunity provider.